



200



1200

# Injection Techniques

**Sunekos<sup>®</sup> 200** is easy to use and is compatible with most injection techniques.

**Sunekos<sup>®</sup> 200** can be injected with:

**A**

TRADITIONAL  
TECHNIQUES  
(MICRO-BOLUS OR  
RETROGRADE  
LINEAR INJECTION)

**B**

WITH A  
PROPRIETARY  
TECHNIQUE TO ACHIEVE  
THE BEST RESULTS  
(IFT: INTERSTITIAL  
FLUID TECHNIQUE)

**IFT**  
INTERSTITIAL  
FLUID TECHNIQUE

FACE

NECK

DÉCOLLETÉ

HANDS

EYE CIRCLES AND BAGS

FOREHEAD

INNER THIGH



# Sunekos<sup>®</sup> 200 Standard Protocol

## INDICATION

- Sunekos<sup>®</sup> 200 is the first line product and it is suitable for all types of dermis.
- 4 treatments of Sunekos<sup>®</sup> 200 at 7/10 day intervals each.

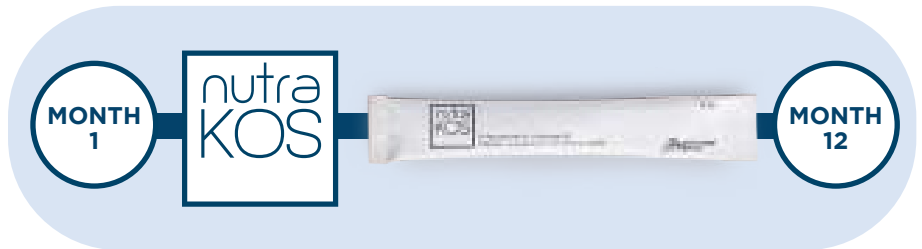


## MAINTENANCE

Repeat  after 6 months.

## DAILY SUPPORT

For a holistic approach add **Nutrakos Drinkable** every day.

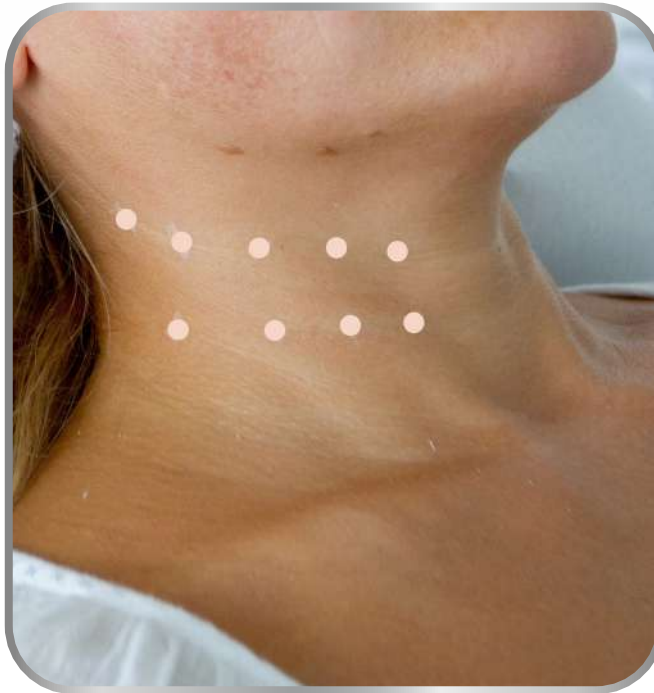


## ALTERNATIVE

Alternatively MAINTENANCE can be done with 2 treatments every 3 or 4 months, repeating the full protocol with 4 treatments every 12 months.

# Sunekos<sup>®</sup> 200 Micro-Bolus injection areas

- Needle 27-30G and 12-13 mm
- Medium-deep Dermis injection
- Micro bolus or retrograde linear injection
- 0.1 ml injection



# IFT: Interstitial Fluid Technique



- Needles 27-30G and 12-13 mm
- Medium-deep Dermis injection
- 45° Retrograde linear injection
- Series of bolus - Distance of about 1.5 cm
- 0.1 ml of injection
- Injections in the directions of flow
- Massage following the flow

**Interstitial Fluid Technique** is an injection technique developed by **Professional Dietetics medical team** to get faster results(\*) especially in the first phase.

IFT is combining the effect of **2 fundamental actions** for the treatment of the Extra Cellular Matrix in the dermis:

- 1 Medium-deep Dermis injection**
- 2 Lymphatic Drainage**

(\*) clinical trial under publication process.

# IFT: Interstitial Fluid Technique: Patient Customised Methodology

The **direction** of the sequence of the injection points will allow you to obtain a certain aesthetic effect (**custom infiltrative technique**).

1

**IFT**  
INTERSTITIAL  
FLUID TECHNIQUE

CENTRIFUGAL  
DIRECTION

**WHEN:**  
to achieve a LIFTING Effect  
on relatively younger  
round-faced people.

**LIFTING EFFECT**

2

**RIFT**  
REVERSE INTERSTITIAL  
FLUID TECHNIQUE

CENTRIPETAL  
DIRECTION

**WHEN:**  
to achieve VOLUMIZING Effect on  
slender patients, with a sunken face,  
generally aged over 45.

**VOLUMIZING EFFECT**

# IFT: Interstitial Fluid Technique: Patient Customised Methodology

## IFT INTERSTITIAL FLUID TECHNIQUE

**INNOVATIVE  
PROPRIETARY  
TECHNIQUE  
LAUNCHED AT AN  
INTERNATIONAL  
LEVEL**

**APPRECIABLE  
VISIBLE RESULTS  
CONFIRMED BY  
INSTRUMENTAL  
EVALUATIONS  
WITH *VECTRA***

**METHODS  
COMBINED AND  
ADAPTABLE TO  
THE DIFFERENT  
CONFORMATIONS  
OF THE FACE**

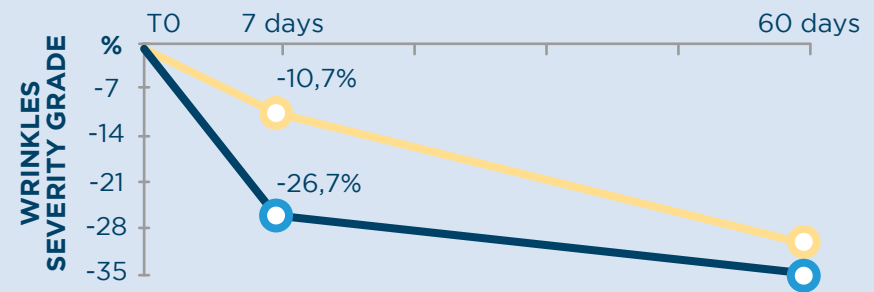
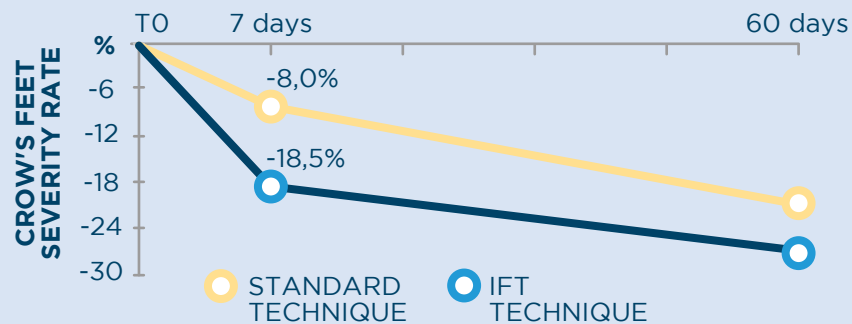
**CUSTOMIZABLE  
TECHNIQUE  
BASED ON  
DIFFERENT  
MECHANISMS OF  
SKIN AGING**

# IFT: Clinical Trial Results

**Interstitial Fluid Technique** gives faster results especially in the initial phase:

**2.3 TIMES FASTER  
ON CROW'S FEET  
SEVERITY RATE  
AFTER 7 DAYS**

**2.5 TIMES FASTER  
ON WRINKLES  
SEVERITY GRADE  
AFTER 7 DAYS**



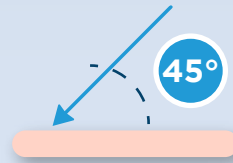


# Sunekos<sup>®</sup> 200

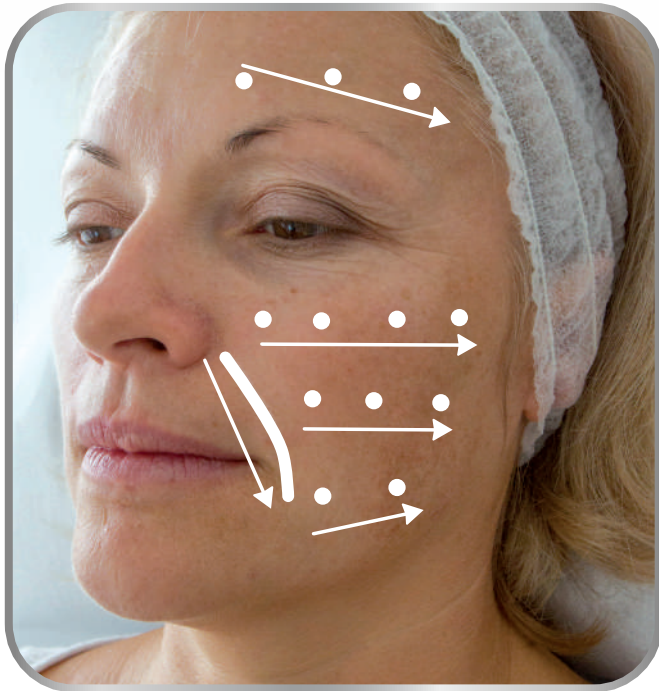
**IFT**  
INTERSTITIAL  
FLUID TECHNIQUE

## Injection areas

- IFT leverages on the flows of interstitial fluid
- Needle 27-30G and 12-13 mm
- Medium-deep Dermis injection
- 45° Retrograde Linear Injection



- Injections in the direction of the flow
- 0.1 ml injection
- Distance about 1.5 cm
- Massage following the flow



**SEVERE WRINKLES  
AND SAGGING SKIN**

- **RIFT** is an injection technique with opposite direction to interstitial fluids.
- It is performed in areas of depletion and emptying of volumes.
- The sequence of injections goes from the periphery towards the center.
- Following, a light massage with the fingertip in order to support and stimulate the physiological flow of interstitial fluids, from the periphery towards the center.

sune  
KOS

200

+

sune  
KOS

1200

**RIFT helps to distribute the product on the center-face area and to stimulate the neo-regeneration of Extra Cellular Matrix.**

**IMMEDIATE VOLUMIZING EFFECT**

# Severe Wrinkles & Sagging Skin

**Sagging Skin and Severe Wrinkles** are mainly caused by loss of volume.

To get the best results from **Sunekos**<sup>®</sup> we have to combine the action of a Medium/High density Hyaluronic Acid with a Low density HA such as **Sunekos**<sup>®</sup> **200**.

The solution is to use **Sunekos**<sup>®</sup> **1200** in combination with **Sunekos**<sup>®</sup> **200** creating a “scaffold” through the “**cushion**” technique.

“**cushion**” technique



An internal trial comparing 2 groups with sagging skin, the first treated only with S200 and the second with one x S1200 at the beginning as “**cushion**” followed by S200 standard treatment was giving the following results:

Facial Volume  
Measurement in CC

**+24%**

FVLS improvement  
(photographic scale)

**+33%**

# Severe Wrinkles & Sagging Skin

## Sunekos<sup>®</sup> 200 + Sunekos<sup>®</sup> 1200 Protocol

### INDICATION

- This protocol is for **thin/slack faced relatively elder people.**

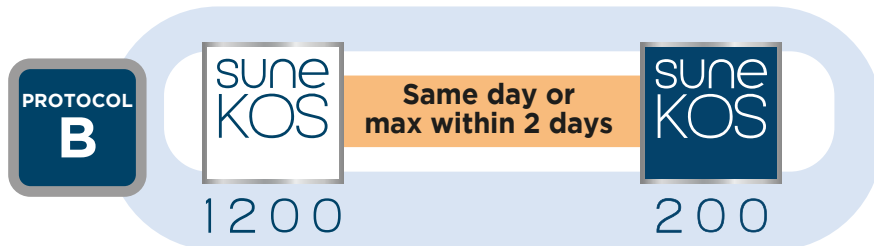


**1 treatment with Sunekos<sup>®</sup> 1200 as a Scaffold followed, on the same day or no more than 1 or 2 days later, by 3 or 4 treatments of Sunekos<sup>®</sup> 200 at 7/10 day intervals each.**



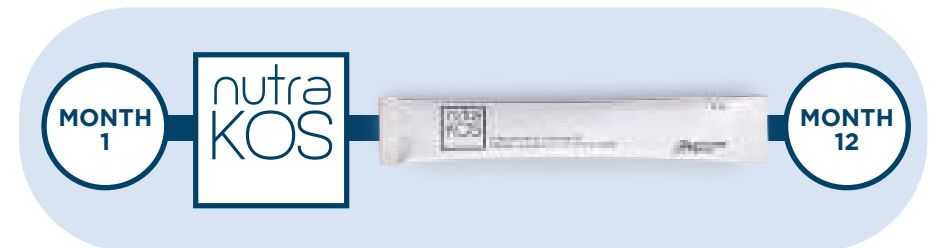
### MAINTENANCE

Maintenance with 1 treatment  
**Sunekos<sup>®</sup> 1200 + 1 treatment Sunekos<sup>®</sup> 200**



### DAILY SUPPORT

For a holistic approach add  
**Nutrakos Drinkable** every day.



Repeat after **4 and 7 months** from first treatment.

# Sunekos<sup>®</sup> 200 + Sunekos<sup>®</sup> 1200 Cannula and RIFT Injection areas

SEVERE  
WRINKLES

- Cannula 25 or 27G and 50 mm
- Deep Dermis injection
- Fan Technique

- Needle 27-30G and 12-13 mm
- Medium-deep Dermis injection
- 45° Retrograde Linear Injection
- Needle in direction against the flow
- 0.1 ml injection at 1.5 cm distance
- Massage against the flow

STEP  
1



sune  
KOS  
1200

STEP  
2



sune  
KOS  
200

# Sunekos<sup>®</sup> 200 Dark Eye Circles & Bags

THIN SKIN NEAR  
THE EYE AREA IS  
ONE OF THE  
REASONS FOR  
**DARK EYE  
CIRCLES**



200

IN THIS  
CONDITION  
YOU SEE IN  
TRANSPARENCY  
THE TISSUES  
BELOW

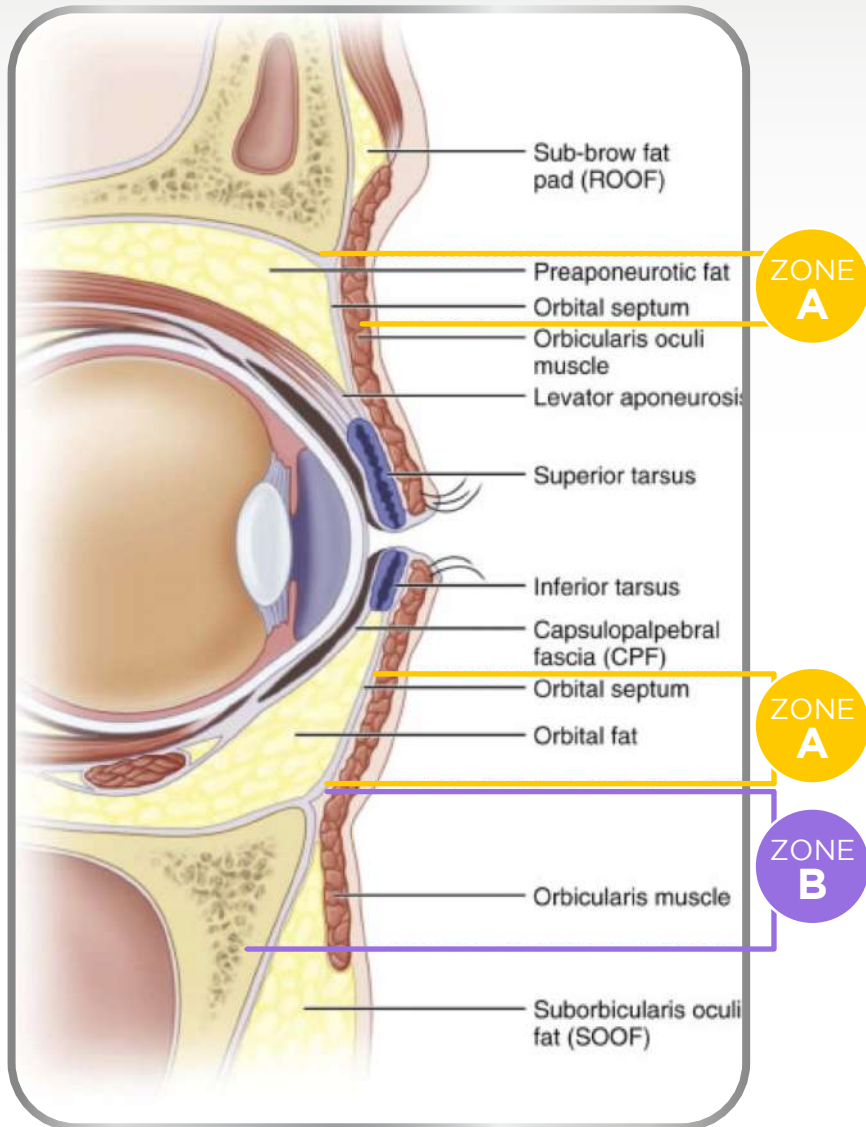


**Sunekos<sup>®</sup> 200, injected with a specific technique helps to stimulate the neo-regeneration of Extra Cellular Matrix giving thickness to the Skin.**

**QUICK COVERING EFFECT**

# Sunekos<sup>®</sup> 200

## Technique Dark Eye Circles & Bags



DUE TO THE CAPABILITY TO **PRODUCE NEW ECM**, IS PARTICULARLY EFFECTIVE TO REDUCE DARK EYE CIRCLES.

sune  
KOS  
200

BEING ABLE TO **REPRODUCE ELASTIN**, IT CAN SIGNIFICANTLY REDUCE EYE BAGS.

- Before injecting in the periorcular area, please be mindful of its anatomy.
- Over the orbital septum there is no vascularization.
- Any injection over orbital septum can generate damages.
- NEVER HIT THE ORBITAL SEPTUM. To avoid it please pay attention to:

**ZONE A** inject parallel to the skin & very superficially

**ZONE B** inject perpendicularly until touching the bone

Clinical trial under publication process.

# Sunekos<sup>®</sup> 200

## Technique for Dark Eye Circles & Bags

ZONE  
A

- Inject parallel to the skin & very superficial.
- Inject on the yellow lines in one 1 or 2 points.

ZONE  
B

- Inject perpendicularly till touching the bone.

### CAUTION

- Take extra care and avoid hitting veins.
- Carefully check the skin to avoid injecting the small veins, especially **ZONE A**.
- Reduce number of points of injection if the case.

3 SESSIONS

sune  
KOS  
200

14 days

sune  
KOS  
200

14 days

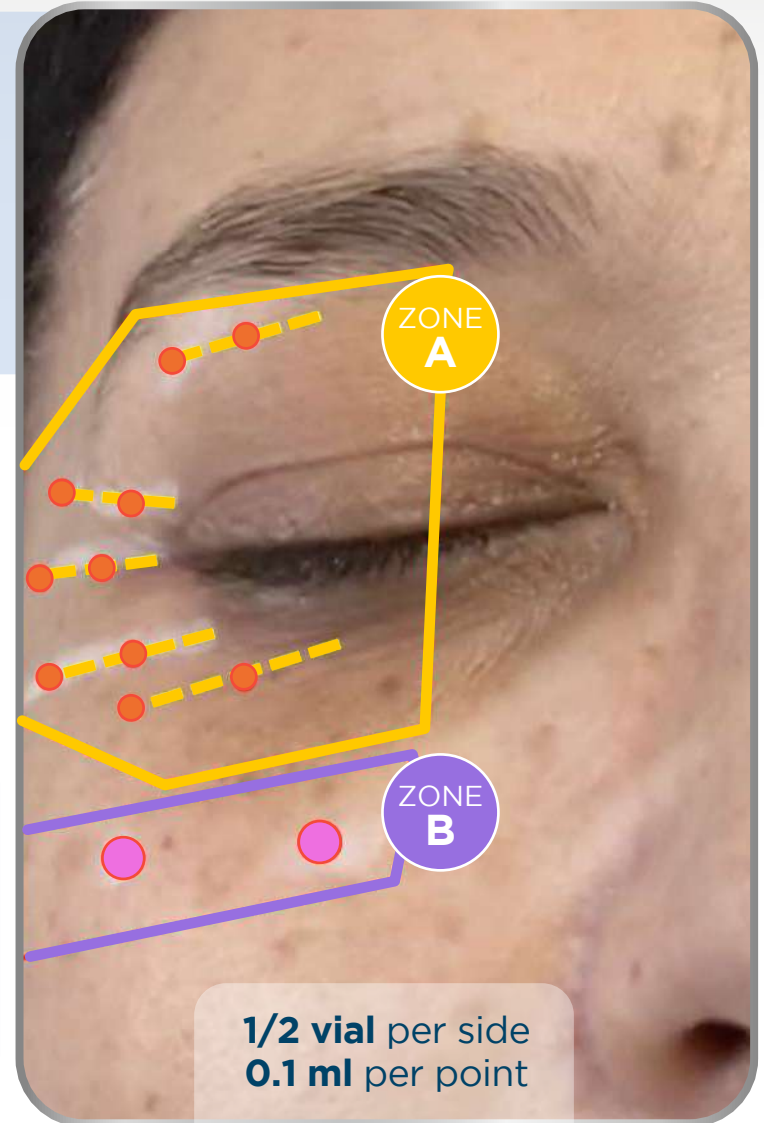
sune  
KOS  
200

+

TO PRESERVE  
RESULTS

nutra  
KOS

Gel Eye Contour



1/2 vial per side  
0.1 ml per point



# Sunekos<sup>®</sup> 200

## Technique for Dark Eye Circles & Bags



**BEFORE**



**48H AFTER  
TREATMENT**

# Sunekos<sup>®</sup> 200

## Dark Eye Circles



**BEFORE**



**1 WEEK AFTER  
FIRST SESSION**

# Sunekos<sup>®</sup> 200

## Eye Bags



**BEFORE**



**AFTER**

# Sunekos<sup>®</sup> 200

## Eye Bags and Dark Eye Circles



**BEFORE**

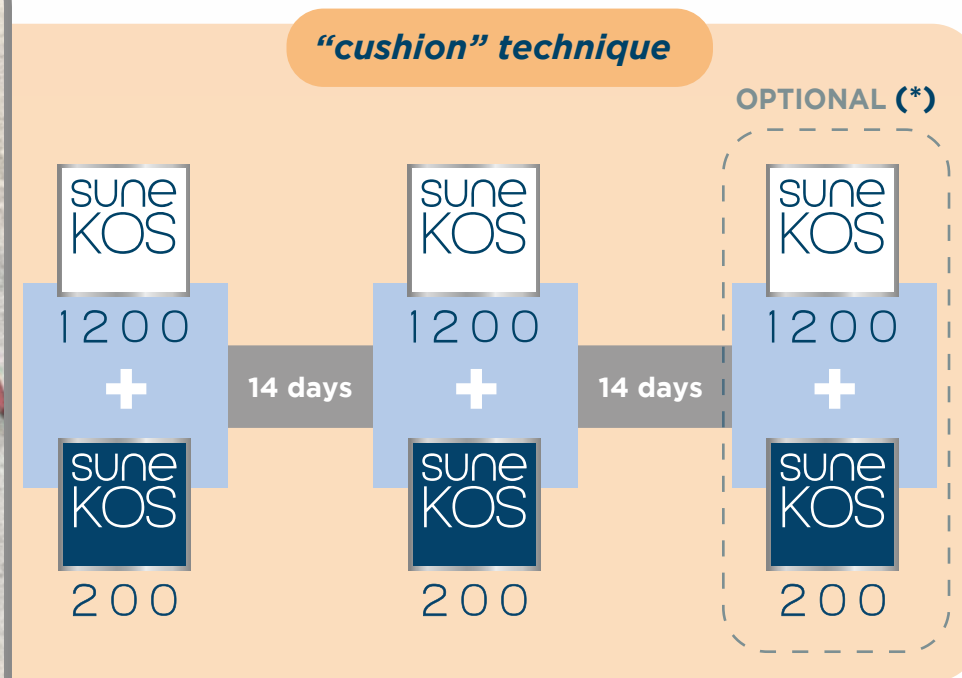


**AFTER**

# Sunekos<sup>®</sup> 200 + Sunekos<sup>®</sup> 1200 Hands

Thin skin of hands is one of the most affected by the loss of elastic properties.

The combined action of **Sunekos<sup>®</sup> 1200 + Sunekos<sup>®</sup> 200** injected with **Cushion Technique** helps to **rejuvenate the skin**.



IT IS  
RECOMMENDED  
TO ADD  
**Sunekos Tropic Peeling**  
AS A BIO-RESTRUCTURING  
SYSTEM BEFORE STARTING  
THE PROTOCOL  
AND AFTER THE LAST  
INJECTION.



(\*) to be evaluated by doctor but recommended

# Sunekos<sup>®</sup> 200 + Sunekos<sup>®</sup> 1200

## Cushion Technique for hands

- Cannula 25 or 27G and 50 mm
- Fan Technique

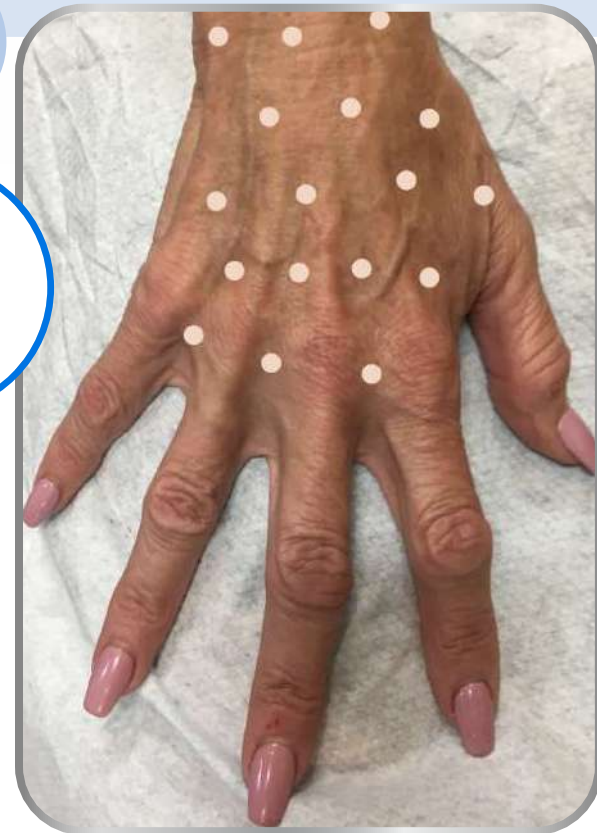
STEP  
1

sune  
KOS  
1200



STEP  
2

sune  
KOS  
200



- Needle 27-30G and 12-13 mm
- 0.1 ml injection at 1.5 cm distance
- Apply about 15 bolus avoiding veins

# Sunekos<sup>®</sup> 200

## Forehead

- Cannula 25 or 27G and 50 mm
- Deep Dermis injection
- Fan Technique
- ½ vial per side



The injection of **Sunekos<sup>®</sup> 200** with Cannula helps in reducing significantly forehead wrinkles in a natural way.

The procedure consists in 3 phases:

PHASE  
**1**

Mechanical action of the Cannula to detach the tissue

PHASE  
**2**

Injection of the product with the *FAN TECHNIQUE*

PHASE  
**3**

Massage the treated area to stimulate the diffusion of the product

PHASE  
**1**

IS PARTICULARLY IMPORTANT ESPECIALLY AT THE FIRST APPLICATION.

**Sunekos<sup>®</sup> 200 counteract atrophy and tissue degeneration.**

**It can be used combined with other treatments improving their lasting and reducing the number of their applications.**



# Sunekos<sup>®</sup> 200

## Forehead



**BEFORE**



**1 WEEK AFTER  
FIRST SESSION**



# Sunekos<sup>®</sup> 200

## Full Face



**BEFORE**



**AFTER**